



KNITTING PATTERN

# Twist

## Cardigan

Designer: Kirby McDonald (Macrafts) | Hobbii Design




## MATERIALS

5 (5) 6 (7) 7 (8) 8 (9) skeins of **Highland Wool** in colour 09

Circular needles 3.5mm [US4]  
Circular needles 3mm [US2.5]  
Cable needle

4-8 buttons, 15 mm  
Spare needle/stitch wire for placing stitches on hold  
Stitch markers

## YARN QUALITY

 **Highland Wool** Hobbii  
100% Wool  
50 g / 1.75 oz = 175 m / 191 yds

## GAUGE

24 sts x 36 rows = 10 cm x 10 cm / 4" x 4"

## HASHTAGS FOR SOCIAL MEDIA

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## SIZE

XS (S) M (L) XL (2XL) 3XL (4XL)

## MEASUREMENTS

**Bust circumference:** 33 (35) 38 (41) 44 (47) 50 (53)"  
/ [82.5 (87.5) 95 (102.5) 110 (117.5) 125 (132.5) cm]  
Recommended ease 0-2" [0-5cm]

## PATTERN INFORMATION

This cardigan is a textured top-down drop shoulder cardigan, featuring a rib and cable repeating pattern throughout. The cardigan also has slightly tapered sleeves. The cardigan is worked back and forth in rows for the back, making increases along the way. Then stitches are picked up along the slanted edge for the shoulders, working back and forth until underarm stitches are casted on and joined to the back yoke to form the body, the remainder of the body is also worked back and forth. The sleeve stitches are then picked up and then worked in the round. Stitches are then picked up along the internal edge of the body and the button band is worked using double knitting.

Techniques used are:

- 2 stitch cable (left and right leaning)
- Tubular cast on (for the button band only)
- Tubular bind off (including prep work)
- Increases and decreases
- Pattern repeats
- Double knitting (buttonband)
- Optional chart for back yoke increases

## BUY THE YARN HERE

<https://shop.hobbii.com/twist-cardigan>

## QUESTIONS

If you have any questions regarding this pattern, please feel free to email us at [support@hobbii.com](mailto:support@hobbii.com). Please make sure to include the pattern's name and number.

Happy Crafting!



# Pattern



## ABBREVIATIONS

**K** = Knit

**P** = Purl

**Sl1 wyif** = Slip 1 stitch purl-wise, with the yarn held in front.

**Sl1 wyib** = Slip 1 stitch purl-wise, with the yarn held in back.

**K2TOG** = knit the next 2 stitches together as if they were one stitch (decreased by 1).

**M1R** = Use the left needle to pick up the loop between the stitch on the left needle and the stitch on the right needle from back to front so that you can knit the new stitch as if it were a normal stitch (increased by 1).

**M1L** = Use the left needle to pick up the loop between the stitch on the left needle and the stitch on the right needle from front to back so that you can knit the new stitch through the back loop (increased by 1).

**SSK/P** = slip the first stitch knitwise, then slip the second stitch purlwise, then insert the left needle through the front of both slipped stitches and knit/purl them both together (decreased by 1).

**WS** = wrong side

**RS** = right side

**BOR** = beginning of round

## INFO AND TIPS

### Sizes

The Twist Cardigan is intended to have 0-2" [0-5 cm] ease around the bust, although you can choose more or less ease if desired. The sizes shown are the **finished measurements** so for example, the sample made is Size M (38" [95cm] finished bust) to fit a size 36" [90cm] bust at the widest part, giving the wearer 2" [5cm] positive ease.

### Additional measurements

**Length:** 15 (15) 16 (18) 18 (18) 19 (19)" / [37.5 (37.5) 40 (45) 45 (45) 47.5 (47.5) cm]

**Sleeves circumference:** 13 (13) 14.5 (14.5) 16.5 (16.5) 16.5 (18.5) / [32.5 (32.5) 36.25 (36.25) 41.25 (41.25) 41.25 (46.25) cm]

### Repeating pattern

You will be using the same 11 stitch repeat (where applicable, all over the pattern) which is:



Repeating pattern [1] (RS): *P1, K3, P1, 2C (2-sts cable), P1, K3*

Repeating pattern [2] (WS): *P3, K1, P2, K1, P3, K1*

Please bear in mind that each time a separate repeating pattern is worked along the row/round, the 2 stitch cable will lean alternatively, e.g. the first 2C will lean left, the second 2C will lean right.

## BACK YOKE

Using 3.5mm [US4] circular needles, for sizes **XS - L cast on 54 stitches** and for sizes **XL - 4XL cast on 78**, using your preferred method.

Set up row - Purl all stitches

You will now make increases as follows whilst working the repeating pattern mentioned above or follow the chart (the chart is used for all sizes, so make sure you pay attention to the rows you need for your size):

### Chart starting row:

Sizes XS - L work from Row 1.

Sizes 2XL - 4XL work from Row 13.

## OR

### All sizes

Row 1 - (RS) K3, M1L, work in repeating pattern [1] until 3 stitches remain, M1R, K3 (increased by 2 stitches)

Row 2 - (WS) P3, M1R, work in repeating pattern [2]/or as stitches present themselves, until 3 stitches remain, M1L, P3 (increased by 2 stitches)

Repeat Rows 1 & 2 or follow the chart up to Row 16 (20) 27 (34) 36 (42) 45 (49) until you have a total of 84 (92) 106 (120) 124 (136) 142 (150) stitches. Place a clip on marker on the 2nd stitch.

Maintain the pattern repeat, without increases, until it measures 4 (4.5) 5 (5.5) 5.5 (6) 6.5 (7)" [10 (11.25) 12.5 (13.75) 13.75 (15) 16.25 (17.5)cm] from the marker, ending on a WS.

Cut the yarn and place stitches on hold.

## SHOULDERS

You will now pick up stitches along the slanted edge of your work, then make increases for the v-shape neckline, after which you will then join the front to the back piece to create the armholes.

### Left shoulder

With the right side facing you and 3.5mm [US4] circular needles, pick up 19 (22) 30 (38) 42 (45) 49 (53) stitches from centre to vertical edge **with the short end of the yarn**, this will make the next row a RS side row as your working yarn will be on the right of the picked up stitches.

**XS** - Row 1 - K4, P1, K3, P1, 2C, P1, K3, P1, K3

**S** - Row 1 - K4, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C

**M** - Row 1 - K4, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3

**L** - Row 1 - K4, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3,

**XL** - Row 1 - K4, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3

**2XL** - Row 1 - K4, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C

**3XL** - Row 1 - K4, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3,

**4XL** - Row 1 - K4, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3,

Row 2 - Work stitches as they present themselves

Work Row 1 & 2 for a total of 20 (22) 24 (24) 26 (26) 28 (28) times. You will now make increases to shape the neckline.

Row 1 - (RS) K4, M1L, maintain in the pattern repeat (increased by 1 stitch)

Row 2 - (WS) Work the stitches as they present themselves

Repeat Rows 1 & 2, until you have a total of 47 (45) 51 (49) 60 (59) 65 (74) stitches. Now cut the yarn and place these stitches on hold.

### Right shoulder

With the right side facing you and 3.5mm [US4] circular needles, pick up 19 (22) 30 (38) 42 (45) 49 (53) stitches from vertical edge to centre with the short end of the yarn, this will make the next row a RS side row as your working yarn will be on the right of the picked up stitches.

**XS** - Row 1 - K3, P1, K3, P1, 2C, P1, K3, P1, K4

**S** - Row 1 - 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K4

**M** - Row 1 - K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K4

**L** - Row 1 - K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K4

**XL** - Row 1 - K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K4

**2XL** - Row 1 - 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, 2C, P1, K3,

**3XL** - Row 1 - K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, 2C,

**4XL** - Row 1 - K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, K3, P1, 2C, P1, K3, P1, 2C, P1, K3, P1, K3,

Row 2 - Work stitches as they present themselves



Work Row 1 & 2 for a total of 20 (22) 24 (24) 26 (26) 28 (28) times. You will now make increases to shape the neckline.

Row 1 - (RS) Maintain in the pattern repeat, until 4 stitches remain, M1R, K4 (increased by 1 stitch)

Row 2 - (WS) Work the stitches as they present themselves

Repeat Rows 1 & 2, until you have a total of 47 (45) 51 (49) 60 (59) 65 (74) stitches. Cut yarn and place stitches on hold.

You will now join the front panels to the back.

Rejoin your yarn from the left panel (right side facing) as if wearing.

K4, and maintain the pattern repeat, until you reach the end of the first panel.

Cast on 4 (8) 4 (1) 4 (8) 1 (4) using the backwards loop method and then continue to knit in the established pattern repeat across the back yoke.

Cast on 4 (8) 4 (1) 4 (8) 1 (4) using the backwards loop method and continue to knit the last panel, maintaining the pattern repeat, ending with K4.

You should now have joined all three panels into one piece, with armholes now present, and the established v-neck opening.

You should have a total of 186 (198) 216 (234) 252 (270) 288 (306)

## BODY

Continue working back and forth on the body in the established repeating pattern, until it measures 7 (7) 7 (8) 8 (8) 9 (9)" / [18 (18) 18 (20.5) 20.5 (20.5) 23 (23)cm] from the underarm or 2" [5cm] less than your desired length, ending after a WS.

Switch to 3mm [US2.5] circular needles and work the following rows for a total of 10 times:

Row 1 - (RS) \*K1, P1\*

Row 2 - (WS) \*P1, K1\*

You will now prepare for a tubular bind off, if you wish to use a normal cast-off method, repeat Row 1 & 2 once more then cast-off with your chosen method.

Row 1 - (RS) \*K1, sl1 wyif\* Purl the last stitch

Row 2 - (WS: \*K1, sl1 wyif\* Purl the last stitch

Now cast off using the tubular bind off method: [Knitting Help - Tubular Bind-Off](#)

## SLEEVES

You will now pick up stitches for the sleeves, starting at the underarm cast on.

Using 3.5mm [US4] circular needles, pick up and knit 77 (77) 88 (88) 99 (99) 99 (110) stitches starting from the underarm, place a BOR marker.

Identify what the centre stitches at the underarm are to determine where to start in your repeating pattern. This should match the stitch pattern you used for the underarm cast on when continuing with the body length. For example, size M centre stitch was a 2C, which ran along the 'seam' of the body, therefore when beginning the repeating pattern, start with the 2C so that it becomes continuous with the stitches that are on the body.

The new repeating pattern for working in the round will be (dependant on your starting position):

Repeating pattern [1]/ Round 1 - (RS) *P1, K3, P1, 2C (2-sts cable), P1, K3*

Repeating pattern [2]/ Round 2 - (RS: *P1, K3, P1, K2, P1, K3*

Continue Rounds 1 & 2 until the sleeve measures 6" [15cm].

You will now place markers to identify the section of stitches that you will be decreasing for a tapered fit. If you would rather have a straight sleeve, continue knitting the sleeve to desired length minus 2" [5cm]. For a slight balloon sleeve, please skip this step and continue knitting the sleeve to desired length minus 2" [5cm], then evenly decrease by 11 stitches using K2TOG.

### Decrease sleeves

At the underarm, find the stitch sequence K3, P1, K3 that spans over the BOR marker. You will place stitch markers (PM) as follows: K3, P1, PM, K3, P1, 2C, P1, K3, P1, PM.

In the following rounds you will maintain the stitch pattern you have established, whilst working decreases every 3rd round. Your arm circumference should decrease by 1.5-2" [3.75-5cm]. You will need to move the BOR as you go when the decrease occurs at the beginning of the round.

### Left sleeve decreases:

Round 1 - SSK (or SSP if the first stitch is a purl stitch), continue in pattern (decreased by 1 stitch)

Round 2 - Continue in established pattern

Round 3 - Continue in established pattern

Repeat Rounds 1 - 3 until all 11 stitches within the stitch markers have been decreased, your two stitch markers should now be next to each other, these can now be removed so that only the BOR marker is remaining.

### Right sleeve decreases:

Round 1 - Continue in pattern until 2 sts before marker, K2TOG (decreased by 1 stitch)

Round 2 - Continue in established pattern

Round 3 - Continue in established pattern



Repeat Rounds 1 - 3 until all 11 stitches within the stitch markers have been decreased, your two stitch markers should now be next to each other, these can now be removed so that only the BOR marker remains.

### **Both sleeves continued**

Maintain your pattern repeat (no more decreases required) until it measures 2" [5cm] less than your desired length.

Switch to 3mm [US2.5] circular needles.

Set up round - K2TOG \*K1, P1\* (decreased by 1 stitch)

Round 1 - \*K1, P1\*

Repeat Round 1 a total of 10 times.

You will now prepare for a tubular bind off, if you wish to use a normal cast-off method, repeat Round 1 twice more then cast-off with your chosen method.

Round 1 - \*K1, sl1 wyif\*

Round 2 - \*Sl1 wyib, P1\*

Now cast-off using the tubular bind off method: [Knitting Help - Tubular Bind-Off](#)

### **BUTTON BAND**

Place a stitch marker just below the V, on the right hand side, where the cardigan meets and another where the bottom rib begins. Then place 2 - 4 stitch markers (depending on preference) evenly between the two, these are the markers for your button holes.

As if wearing the cardigan, with RS facing, using 3mm [US2.5] circular needles, **pick up all stitches** from right to left along the opening of the cardigan, and then cut your yarn. All your stitches are now on hold.

You will now begin the double-knit button band.

Using the 3mm [US2.5] circular needles that are currently holding your stitches (or you can use a DPN if you prefer), with the WS facing cast on 10 stitches using the tubular cast on method.

Row 1 - (RS) \*K1, sl1 wyif\* until 1 stitch remains, K2TOG through the back loop (the last stitch + the first stitch of the picked-up stitches)

Row 2 - (WS) Slip the first stitch purl-wise, \*Sl1 wyif, K1\*

Repeat Rows 1 & 2 until you reach your button hole marker

### **Button holes**

Row 1 - (RS) \*K1, sl1 wyif\* for the first 5 stitches, turn your work

Row 2 - (WS) \*Sl1 wyif, K1\* turn your work

Row 3 - (RS) \*K1, sl1 wyif\* turn your work



Row 4 - (WS) \*Sl1 wyif, K1\* turn your work

Row 5 - (RS) \*K1, sl1 wyif\* cut yarn, leave the stitches on hold on your needle

Rejoin yarn for the next 5 stitches on your left needle

Row 1 - (RS) Sl1 wyif, K1, sl1 wyif, K1, K2TOG through the back loop (the last stitch + the first of the picked-up stitches)

Row 2 - (WS) Slip the first stitch purl-wise, sl1 wyif, K1, sl1 wyif, K1, turn your work

Row 3 - (RS) Sl1 wyif, K1, sl1 wyif, K1, K2TOG through the back loop (the last stitch + the first of the picked-up stitches)

Row 4 - (WS) Slip the first stitch purl-wise, sl1 wyif, K1, sl1 wyif, K1, turn your work

Row 5 - (RS) Sl1 wyif, K1, sl1 wyif, K1, K2TOG through the back loop (the last stitch + the first of the picked-up stitches)

The next row is a WS row, where you will work the total stitches as before, to rejoin the yarn and close the buttonhole. Repeat the process of working the button band then the buttonholes when you reach a marker.

Once you have reached the end of the button band, cast off using a tubular bind off (or alternative to match how you cast off the body).








Now weave in all ends, wash, block and dry your cardigan according to the wash care instructions of your yarn and meet the finished measurements listed at the beginning.

Now you can sew on your buttons where you placed the stitch markers on the left-hand side.

### **Enjoy!**

Kirby McDonald (Macrafts)

## CHART

	RS: Knit WS: Purl
	RS: Purl WS: Knit
	1/1 LC - Left Cable
	1/1 RC - Right Cable
	No stitch
	M1R
	M1L

Link to chart in high resolution:

[https://drive.google.com/file/d/1Yyl0-Ddt1fj6jyEIYt2fo9Clq1MZz\\_kp/view?usp=sharing](https://drive.google.com/file/d/1Yyl0-Ddt1fj6jyEIYt2fo9Clq1MZz_kp/view?usp=sharing)

