



## Helena - Plus Size

No. 2004-191-6221

### Materials

9 (9) 10 skeins of 1.8 oz. (50 g) BabyWool col. 23.

Circular knitting needle US size 4 (3,5 mm) on 31.5 inches (80 cm).

Double pointed needles size 4 (3,5 mm).

Crochet hook US size C2 (3 mm) for the neckline.

Stitch holder with cable.

Stitch markers.

### Knitting gauge

24 stitches on 4" (10 cm) in garter stitch.

32 rounds on 4" (10 cm) in garter stitch.

Buy the yarn here

<http://shop.hobbii.com/helena-plus-size>

### Sizes

XL (XXL) XXXL

### Measurements

Half chest measurements: 21.7 (23.2) 24.8 inches (55 (59) 63 cm)

Length, in the middle of the back: 26.8 (27.2) 27.6 inches (68 (69) 70 cm)

### Pattern information

The blouse is knitted top-down with increases in garter stitch on the yoke. The blouse is knitted straight down with increases in the sides, so an A-shape is created. Lastly, the sleeves are knitted.

## Pattern

Cast on 120 (132) 132 stitches and knit in the round on the circular needle. Knit a round of knit stitches, 1 round of purl stitches and 1 round of knit stitches.

Place a marker after every 10th (11th) 11th stitch = 12 stitch markers.

## Yoke

The yoke is knitted in garter stitch with increases in stockinette stitch.

### Start increases

1. rnd: Purl \*10 (11) 11 stitches, yarn over\*, repeat from \*to\* till the end of the round.
2. rnd: work all stitches and yarn overs knitwise = 12 increases.
3. rnd: Purl \*10 (11) 11 stitches, knit 1\*, repeat from \* to \* till the end of the round.
4. rnd: Knit \*10 (11) 11 stitches, yarn over, knit 1\*, repeat from \* to \* till the end of the round.
5. rnd: Purl \*10 (11) 11, work the yarn over knit wise, knit 1\*, repeat from \* to \* till the end of the round.
6. rnd: Work all stitches knitwise.
7. rnd: Purl \*10 (11) 11 stitches, yarn over, knit 2\*, repeat from \* to \* till the end of the round.
8. rnd: Work all stitches and the yarn overs knitwise.
9. rnd: Purl \*10 (11) 11 stitches, knit 3\*, repeat from\* to \* till the end of the round.
10. rnd: Knit \*10 (11) 11 stitches, yarn over, knit 3\*, repeat from \* to \* till the end of the round.
11. rnd: Purl \*10 (11) 11 stitches, knit 4\*, repeat from \* to\*till the end of the round.
12. rnd: Work all stitches knitwise.

Repeat round 1-12, with 1 more stitch after the yarn over = increases on every 3rd round = 12 increases per increasing round.

Increase until you have 10 (11) 11 purl stitches and 24 (25) 27 knit stitches = 408 (432) 456 stitches.

### Divide your work into sleeves and body

Transfer 78 (83) 87 stitches to a stitch holder for the sleeves (=stripes in: purl, knit, purl, knit, purl), knit the front piece (=knit, purl, knit, purl, knit, purl, knit), transfer 78 (83) 87 stitches to a stitch holder for sleeves (stripes in: purl, knit, purl, knit, purl), knit the back (=knit, purl, knit, purl, knit, purl, knit). You should have 126 (133) 141 stitches for resp. back and front pieces.

### Body

Cast on 8 (9) 10 stitches under each sleeve = 268 (284) 302 stitches.

These new stitches are knitted in garter stitch.

Continue in pattern 1.6 inches (4 cm) straight up. Place a marker under each sleeve = side seams and the beginning of the round.

### **Start increasing in the stripe with ridges to make the A-shape**

Increase in each side of the garter stitch knitted piece in the side seams. Increase on a knit stitch round.

\*Knit until you reach the garter stitch knitted stripe in the side seams, pick up the strand between stitches and knit it through the back loop, knit the piece with ridges, pick up the strand between stitches and knit it through the back loop\*, repeat from \*to\* in the other side seam = 4 increases.

Increase every 1.2 inches (3rd cm) until the work measures 26.4 (26.8) 27.2 (67 (68) 69 cm) from the cast-on-edge.

### **Edge**

Knit 6 rounds of garter stitch over each stitch.

Cast off knitwise.

### **Sleeves**

Place the sleeve stitches on double pointed needles and pick up 8 (9) 10 stitches under the sleeve = 86 (92) 97 stitches. Be aware that the ridge pattern fits when knitting in the round.

Knit 1.6 inches (4 cm) straight up in pattern.

Decrease in both sides until you have 62 (66) 68 stitches. Knit straight up until the sleeve measures approx. 14.6 inches (37 cm) or until you reach the desired length.

### **Edge**

Knit 6 rounds of garter stitches.

Cast off knitwise.

Knit one more sleeve like this.

### **Neckline**

Crochet a round of slip stitches around the neck.

Happy knitting!

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